

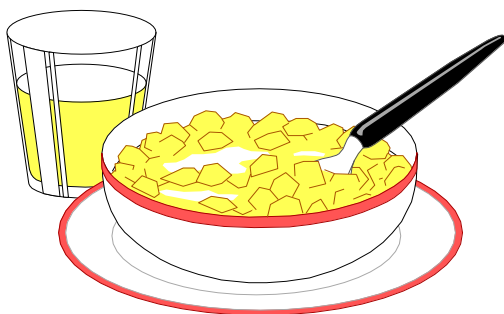
THE CHILD AND ADULT CARE FOOD PROGRAM (Adult Care Component)



This adult day care center is a participant in the Child and Adult Care Food Program (CACFP), a federal program of the Food and Nutrition Service, U.S. Department of Agriculture (USDA). The CACFP gives financial assistance to regulated adult day care institutions throughout the state. In Wisconsin, the CACFP is administered by the Department of Public Instruction.

The primary goal of the CACFP is to improve the diet of functionally impaired adults.

Nutrition is important for good health. Proper nutrition is an important part of a high quality adult day care program. Adults need well-balanced meals in order to meet their daily energy needs. As participants in the CACFP, adult day care centers may be reimbursed for up to three meal services a day for each eligible participant (two meals and a snack, or two snacks and a meal.) Reimbursable meals must meet the requirements established by USDA.



The meal patterns for various meals that may be served to participating adults under the Child and Adult Care Food Program are listed below.

Foods For Adults

Breakfast

- Milk
- Fruit, vegetable or full strength juice
- Grain or bread product³

³ Two full servings must be offered

Snack

Includes a food from two of the following four groups:

- Milk
- Meat or meat alternate
- Fruit/vegetable or full strength juice
- Grain or bread product

Lunch and Supper

- Milk¹
- Meat or meat alternate
- Fruit and/or vegetables and/or full strength juice²
- Grain or bread product³

¹ Optional for supper

² From two or more sources

³ Two full servings must be offered

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